

## FAQ's about the Men's Retreat

- 1. Where is the Retreat held?** The Retreat takes place at Cliffview in Lancaster, Kentucky (about 1.25 hours from Lexington). You can find it on Facebook at <https://www.facebook.com/wwwcliffview.org/>. Cliffview is the Diocesan Retreat Center. It has private rooms with private bathrooms. All meals are cooked by the Cliffview staff in the kitchen on site and served in the dining room. There is a conference room / Chapel on site as well as a "living room" area and smaller conference rooms of different sizes. There is an outside Stations of the Cross and a variety of nature trails on site.
- 2. How long is the Retreat?** The Retreat starts on Friday evening, January 12<sup>th</sup> at 7:00PM and finishes on Sunday, January 14<sup>th</sup> at 10:45 AM.
- 3. What will we be doing on the Retreat?** The most current agenda for the Retreat can be found under the Retreat Tab on the Parish website, <http://annunciationparis.org/>. Don't worry, if you don't know how to say the Rosary or the Stations of the Cross, we teach you how. We also introduce you to the Liturgy of the Hours.
- 4. What is the topic of the Retreat?** Father Danny will be our Retreat Director (Primary Instructor). He will be leading a series of discussions arising from *Into the Breach, An Apostolic Exhortation to Catholic Men*, written by Thomas J. Olmsted, the Bishop of Phoenix. This document can be viewed at the Parish website <http://annunciationparis.org/> under the Retreat Tab.
- 5. What do you do / what can you do, during "Reflection Time" on the Retreat schedule?** You have lots of options during Reflection Time. How you make use of this time is up to you. Some options include: pray alone in the Chapel, in your room or on one of the nature trails or by one of statues; read a book (religious or not, your choice), sleep, attend adoration, socialize, take a walk etc.
- 6. What do I have to do on the Retreat?** You get out of the Retreat what you put into it. You don't have to do anything. Everything is voluntary. We do not take "headcounts" or attendance at any of the sessions. We try to have a laidback, no stress, no pressure atmosphere. However, the more activities you attend the more you will get out of the Retreat.
- 7. What are the goals of the Retreat?** We have a variety of goals on our annual Men's Retreat including: learning from Father Danny about how our Catholic Faith can help us to be better, men, better husbands, better fathers and better Catholics; getting to know our fellow men parishioners in a social and religious setting; getting our religious questions about the Catholic faith answered during the "Fireside with Father" session, which, weather permitting will actually take place around a fire; and getting a chance to be in a quiet and peaceful location and to reflect on where you are in your life, where you want to go and how to move forward.
- 8. How much does the Retreat cost?** The cost is \$200.00. This includes all your meals and lodging for two nights. HOWEVER, if you do not have the money to pay, do not worry. There is a scholarship fund available for anyone who needs help with this fee. Not having the money is not an excuse for not attending. We also carpool to Cliffview and back, so you do not need to worry about transportation.

9. **What if I have additional Questions about the Retreat?** Please feel free to contact Deacon Phil (859-338-5700), Jamie Courtney (859-806-7776) or Pat Conley (859-707-0369).